# SIMPLE ACTIVITY RECOGNITION USING SMARTPHONE TECHNOLOGIES FOR IN-HOME REHABILITATION

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#### ABSTRACT

Human activity recognition is a multidisciplinary research area. It has significance in different fields such as assistive technology, rehabilitation engineering, health outcomes, artificial intelligence, and the social sciences. In this paper, we describe an approach to recognize simple full body motor activity using smartphones' accelerometer sensor. A total of 5 subjects, all male, ages 24 to 35 years, participated in the laboratory experiment performing six different activities in an uncontrolled environment. The results of this study indicate that for stairs, running, sitting, and phone placed at table activities system is able to achieve 100% recognition accuracy. The system is also able to recognize walking activity with 93.34% accuracy. We have presented details of the conducted experiment. This research will help us to progress our work on building complex activity recognition system. It also has importance in assistive technology and in-home rehabilitation.

#### BACKGROUND

People perform numerous activities in our daily life [1]. These activities range from simple full body motor activities like walking, running, and sitting, to complex functional activity like reading a book, playing soccer, and cooking. Building a system to accurately identify these activities is a challenging task. Human activity recognition plays an important role in many areas, including rehabilitation engineering, assistive technology, and social sciences [2] [3] [4]. Performing activities of daily living (ADLs) and instrumental activities of daily living (IADLs) are an important part of living a healthy independent life [5][6]. Performance in these activities can be important indicators for patients recovering from newly acquired disability and patients who are at risk for decline, due to aging. Decline in ADLs and IADLS performance may also act as early indicators of disease or illness [7].

There has been a rapid growth in the number of smartphone users. Total shipment of smartphones in 2013 was one billion units [8]. Smartphones come with a number of useful sensors including accelerometers, gyroscopes, and magnetometers. The motion related sensors, such as accelerometer and gyroscope have been widely used in activity recognition systems as a wearable sensor. The aim of this project is to use acceleration captured by the smartphones' accelerometer sensor during simple full body motor activities to recognize different activities. There has research using smartphone sensors to recognize simple activities. Most of these approaches, however lack in various factor, such as recognition accuracy, computational and memory complexity, and real-time implementation [9] [10] [11].

### PURPOSE

The purpose of this study is to answer the following research questions:

- 1. Is only one-axis acceleration from the smartphones' accelerometer enough to recognize simple full body motor activities?
- 2. Can we achieve a good activity recognition accuracy with this one-axis acceleration?

#### METHOD

#### Approach

This project uses motion sensor, accelerometer, to classify simple full body motor activities. Figure 1 shows the architechture of the proposed activity recognition system. The accelerometer signal (from smartphones' accelerometer sensor) is collected during different activities performed by the subject. These signals will be used to train the activity recognition system. Taken's delay embedding theorem [12], and a probabilistic mixture model are used to train and test the system. The system will output the recognized activity.

## Data Collection

The researchers have developed a data collection tool, *UbiSen* (Ubicomp Lab Sensor Application for Android) to collect sensor data. It can collect data from multiple sensors simultaneously. Sensor data for five different activities has been collected: walking, walking downstairs, walking upstairs, running, and sitting. Data has also been collected with a smartphone set on a table to simulate a stationary position. The accelerometer sensor data along y-axis for these six different activities are shown in Figure 2.

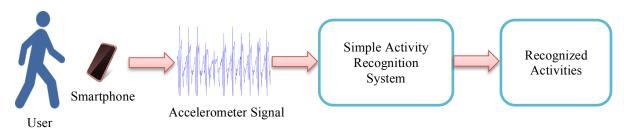


Figure 1: Our Approach

Data has been collected from 5 able-died male subjects. They ranged in age from 24 to 35 years. Each of the participants performed 6 activities in an uncontrolled environment. Participants placed the smartphone in the front pocket of their trouser (smartphone front faced upside down) and performed 5 full body motor activities. Each activity was performed for 2 minutes. Therefore, in total 60 minutes of sensor data for six different activities. An Android smartphone, Nexus 5, has been used in the data collection procedure.

## Data Analysis

Accelerometer sensor data along the y-axis has been used to train and test the system. Data has been partitioned into 6 different chunks. Each of these chunks contains 400-500 samples. Checks were completed to ensure that each chunk contained enough information about each activity cycle. One chunk was used for each activity to train the system for each participant. The remaining chunks were used to test the system. Cross-validation was completed to validate the accuracy of the system.

#### Experiment

The collected data was processed using MATLAB 2013a release. The system was implemented in the same platform. The collected activity signals were preprocessed before experiment. The processed data was used to train and test the system in MATLAB.

## RESULTS

The quantitative evaluation has been done to assess the recognition accuracy of the system. The confusion matrix for all the activity is presented in Table 1. There were 5 participants, and each of the activities was divided into 6 partitions, for a total of thirty instances for each of the

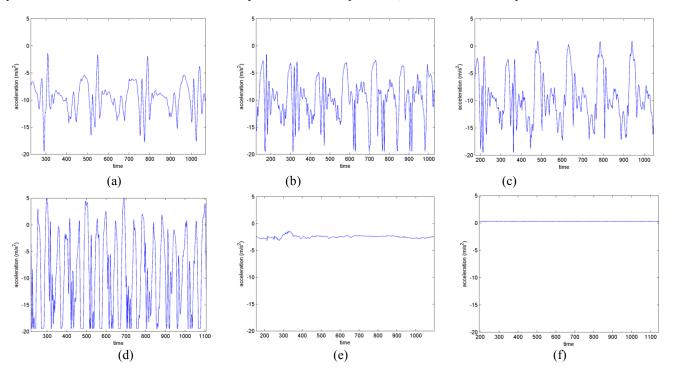


Figure 2: Acceleration along y-axis vs. time for six different activities: (a) walking, (b) walking downstairs, (c) walking upstairs, (d) running, (e) sitting, and (f) phone placed at table.

Activities	Walking	Downstairs	Upstairs	Running	Sitting	Phone place at table
Walking	28	1	1	0	0	0
Downstairs	0	23	7	0	0	0
Upstairs	0	6	24	0	0	0
Running	0	0	0	30	0	0
Sitting	0	0	0	0	30	0
Phone place at table	0	0	0	0	0	30

Table 1: Activity Recognition Matrix; 30 total cases for each activity

activities. The model parameter and signal sample size was varied to check robustness of the system. First column in each row indicates the actual activity that has been tested. The rest of the columns indicate the recognized activity. For example, in the first row, the first column indicates that the actual activity is *walking*. The remaining columns indicate that our of 30 activities, 28 has been correctly recognized as *walking*, 1 has been recognized as *walking downstairs* and 1 has been recognized as *walking upstairs*.

### DISCUSSION

We have presented a smartphone based human activity recognition system. We have used built-in accelerometer sensor to identify users' current activity. Out of 6 activities, 100% accuracy was achieved for 3 activities (running, sitting, and phone placed at table). Walking was recognized with 93.34% accuracy. Walking downstairs, and walking upstairs showed accuracy of 76.67% and 80%, respectively. It appears the system is unable to reliably recognize these two activities. But a closer examination of Table 1 indicates that all of the misclassified instances are recognized interchangeably between these two activities. When grouping these two activities as one (activity: stairs), the system was able to recognize it with 100% accuracy.

The presented system was able to classify simple activities with a very good accuracy. The system shows that only one-axis acceleration is enough to classify simple full body motor activities. It reduces the computational and memory complexity of the system. Hence the real-time classification will be much faster using this light-weight approach.

The simple activity recognition system was developed as an initial step in working toward a complex activity recognition system, which are often composed of the simple activities described in this paper. This accurately recognized simple activity data will be used as an input for the future system [13].

#### CONCLUSION

We have worked on indoor localization, smartphone data collection tool, and simple full body motor activity recognition to reach the ultimate goal of complex activity recognition system. We have also reported the data collection for complex activity recognition. We have also started to implement the proposed system in Android platform. It will allow us to do real-time classification of activities. The proposed system is able to classify simple activities with a very good accuracy. Hence the developed system will play a key role in the prediction of complex activity recognition.

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