

Seating & Mobility Specialist (SMS) Certification Exam Readiness Tool

This tool contains the validated tasks and skills to provide competent seating and mobility services, as identified by the RESNA Professional Standards Board (PSB) 2009 job analysis study. It is intended to help you assess your readiness for the exam and is recommended for use with other materials, such as SMS study references, in preparation for the exam.

Results of this self-assessment are for your professional use only and in no way impact your current certification status or guarantee the results of your performance on the exam.

You can use the results of this assessment to:

- Document strengths in a specific practice area;
- Identify gaps in knowledge and skills for a specific practice area;
- Identify professional growth opportunities;
- Link current skills and abilities to critical job skills and performance plans;
- Assess learning needs prior to re-entering the workforce after a prolonged absence from practice;
- Assess learning needs prior to transitioning from one area of practice to another;
- Form the framework for a professional development plan.

I. PERFORMANCE OF SEATING AND MOBILITY ASSESSMENT	No Experience	Participate or Assist	Under Supervision	Proficient
A. Determine the reason for referral, the problem, and the need				
B. Clarify the primary problems as the focus of the seating and mobility assessment				
C. Differentiate among the consumers' needs, desires, concerns, abilities, function, potential, limitations, risks and precautions				
D. Determine possible intervention and equipment and be able to explain in terms that the consumer can understand				
E. Explain to the consumer the components of the evaluation process (e.g., assessment of posture, skin, mobility, function as well as product trial, specifications, funding, fitting and training process)				
F. Assimilate relevant information from the medical record, interviews with consumer/caregiver, and other team members to identify needs and goals (e.g., ventilator/respiration needs)				
G. Review current seating and mobility devices used, discusses the pros and cons of these devices (e.g. what works well, what doesn't, why)				
H. Analyze consumer's current level of activities and participation				
I. Analyze use of current assistive technology devices in addition to seating and mobility technologies by means of observation, interviews, and quantitative measures				
J. Use performance measurements to define the baseline function in order to document the effectiveness of intervention				
K. Perform or assist in a physical assessment (determining current seating posture, muscle tone and strength, joint/muscle flexibility, etc.)				

	No Experience	Participate or Assist	Under Supervision	Proficient
L. Perform or assist in a functional seating assessment to determine optimal support needed to maximize function, comfort and posture by using various types of simulations (planar seating, molded seating, hands on)				
M. Perform or assist in an equipment assessment/review of potential power mobility product options in varied environments (determining compatibility of multiple components, ease of care/use, pressure management)				
N. Perform or assist in an equipment assessment/review of potential manual mobility product options in varied environments (determining compatibility of multiple components, ease of care/use, pressure management)				
O. Perform or assist in a functional assessment for potential manual mobility product options in varied environments (assessing endurance, efficiency, mobility skills)				
P. Perform or assist in a functional assessment of the client with potential power mobility product options in varied environments (assessing ability to operate proportional joystick, power seating needs, mobility skills, etc)				
S. Utilize appropriate seating and mobility related tests and measurement tools (e.g., pressure mapping, balance testing, fall-risk assessment)				
T. Interpret pertinent data relating to the measurement tools accurately				
U. Consult and collaborate with appropriate professionals and resources as part of a complete seating and mobility assessment				
V. Recommend modifying, adjusting current equipment or obtaining new equipment				
W. Provide documentation, or assists with documentation, to justify recommendation (e.g., cost-benefit analysis, terminology, medical justification)				
X. Utilize evidence-based practice to guide analysis and recommendations				

II. FUNDING RESOURCES, COVERAGE, AND PAYMENT	No Experience	Participate or Assist	Under Supervision	Proficient
A. Inform consumers regarding the specific funding eligibility criteria that exist for mobility and seating equipment that must be considered as an integral part of the evaluation				
B. Provide rationale for the requested seating and mobility system (as it pertains to the consumer's coverage policy)				
C. Critique all necessary documents received from team members (supplier, therapist and physician) to establish accuracy and quality of information being submitted for review by a third-party payer				
D. Facilitate and participate in the appeal process (e.g., a non-payment, non-prior authorization, non-coverage, and down-coding or recommended items)				
III. IMPLEMENTATION OF INTERVENTION	No	Participate	Under	Proficient

	Experience	or Assist	Supervision	
A. Review product specifications, integration and compatibility for safety implications and verifies performance, quality and accuracy				
B. Analyze set-up and configuration process to compare with assessment recommendations (e.g., observation, interview, quantitative measures)				
C. Participate in the fitting and set-up of postural support				
D. Participate in the set-up and configuration of a manual wheelchair for "optimal performance."				
E. Participate in the set-up, configuration and programming of power mobility devices				
F. Participate in the integration of multiple technologies working from or through the chair				
G. Perform or assist in training the consumer and others in the general use of a mobility product (e.g., transportation, transfers) in varied environments				
H. Perform or assist in training the consumer and others in the use of a POWER mobility product (operating proportional joystick, power seating) in varied environments				
I. Perform or assist in training the consumer and others in the use of a MANUAL mobility product (mobility skills on varied terrains, efficiency, propulsion techniques)				
J. Modify device, programming and/or set-up based on the client's performance during training to ensure safety and maximum functional use				
K. Train the consumer and others in troubleshooting				

IV. OUTCOME ASSESSMENT AND FOLLOW UP	No Experience	Participate or Assist	Under Supervision	Proficient
A. Compare and document actual outcomes with anticipated outcomes (e.g., goals) to determine if goals were met.				
B. Recognize consumer dissatisfaction or change of status, equipment failure, or other poor outcomes, and takes appropriate action to improve and optimize the intervention in conjunction with other members of the team.				
C. Analyze the current set-up and configuration and compare it with intended set-up and configuration (e.g., observation, interview, quantitative measures) during the follow-up				

V. PROFESSIONAL BEHAVIOR	No Experience	Participate or Assist	Under Supervision	Proficient
A. Advance expertise in the field by keeping abreast of latest research, best practice and technological advances in the field of seating and mobility.				
B. Act as a mentor or resource to colleagues, associates and students				
C. Work with policy makers to develop equitable coverage policies				
D. Maintain and distribute documentation that is relevant, appropriate, accurate and timely				