ANSI/RESNA IF-1:2018

American National Standard for Inclusive Fitness – Volume 1: Inclusive Fitness Environments

This standard covers available inclusive fitness information, standards, regulations, best practices, and policies that facilitate accessible fitness environments for people of all abilities, including facility policy guidelines, built environment, equipment, staff, trainers, users, and outreach/marketing.

This RESNA standard does not apply to the following: private or home fitness environments.

This standard specifies best practices and existing regulations, standard specifications, and test methods for determining inclusive fitness facility accessibility and the existence of an inclusive fitness culture and approach to policy development, equipment procurement, staff training, programming, user interactions, and marketing.

These guidelines and test methods may be used to verify inclusive fitness environments exceed the minimum requirements of this standard.

ANSI/RESNA IF-1 includes the following sections:

Section 1: Providing and Marketing Inclusive Fitness Environments

Section 2: Disclosure of Published Methods and Requirements for Creating Inclusive Fitness Environments and Implementing Inclusive Fitness Practices

Section 3: Specifications, Test Methods, and Best Practices for Facility Accessibility

Cost: $75

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How to Order: Standards are available for purchase through RESNA. Go to www.resna.org/at-standards.

The RESNA Standards Committee on Inclusive Fitness (IF) is actively recruiting additional members. If interested, go to www.resna.org/at-standards.

RESNA’s Assistive Technology Standards are approved for publication as American National Standards by the American National Standards Institute (ANSI), ensuring that the standards development process meets the Institute’s essential requirements for openness, balance, consensus and due process.

RESNA, the Rehabilitation Engineering & Assistive Technology Society of North America, is the premier professional membership organization dedicated to promoting the health and well-being of people with disabilities through increasing access to technology solutions.

Find out more at www.resna.org.